

TRAUMA INFORMED WEBINAR SERIES

Register now at grow.oregoned.org!

October 22, 2019
4-5 p.m.

Trauma Basics: This session will cover the basics of trauma-informed practices in schools. This is an introductory session into the importance of recognizing and changing current practices, especially around educators' response to challenging behavior. The session will provide an overview of trauma prevalence, resilience, regulation and intervention.

December 2, 2019
4-5 p.m.

Behavior Interventions: This session will cover behavior intervention strategies for educators and paraprofessionals. The session will cover root causes of disruptive behavior and a number of proactive and reactive strategies educators can begin using right away.

January 16, 2020
4-5 p.m.

Co-Regulation Skills: This session will cover a critical skill for educators – Co-Regulation – The ability to help another person return to a regulated state. This session will provide a mix of lecture and hands on practice.

February 26, 2020
4-5 p.m.

Core Interventions for Trauma: This session will cover important interventions for educators to help all students, but especially those whose behavior stems from significant childhood adversity. Topics will include designing a trauma-informed classroom setting, creating wellness rooms, trauma-informed discipline, and a host of other proactive and reactive strategies for working with students with trauma.

April 7, 2020
4-5 p.m.

Self-Care: This session will discuss the critical importance of self-care in education. The session provides a practical discussion of the dimensions of regulation and how educators can help themselves by developing foundational skills in self-regulation as well as a number of other critical self-care topics.

May 14, 2020
4-5 p.m.

Trauma Informed Practices and SEL: This session will discuss the ways in which trauma informed practices and social and emotional learning efforts can complement each other, areas in which they overlap, and important things to consider when trying to implement both efforts.